



The MORRIS RUGBY CORP.
A TAX EXEMPT NEW JERSEY NON-PROFIT WORKING IN
SUPPORT OF AMATEUR 1988
6 Ivy Crest Lane, Rockaway, ATHLETICS. INCORPORATED NJ 08866
Website: www.morrisrugby.org
Tax ID Number: 22-2975743

Create YOUR Opportunity!

Play Girls High School Rugby - the newest Olympic and NCAA girls sport!

History & Opportunity

2013 was only the first season they played rugby, but the Morris Girls High School team won the NJ State Championship and every tournament they played. Since then, not only have we continued to win States, but we are now ranked in the top 10 nationally, and our players are top recruits for the National Olympic team as well as Varsity collegiate programs such as Harvard & Dartmouth and National Champion Penn State. Others have played for the US Junior Olympic team, High School All Americans, or the NJ All-star team. The team has also won the HSRC 7s (High School Rugby Championship 7s), televised nationally on NBC from Philadelphia last June, in 2014 and 2015. Each summer the team plays 7s rugby and has had successful runs in both the 2014 and 2015 summer 7s series. The team is also 2-time Rugby NJ Fall 7s series winners. The point of this storyline is that there is opportunity for **YOU** to become part of a growing sport with some huge opportunities ahead. New NCAA Women's varsity programs start each year. That, in addition to rugby going to the Olympics in Rio in 2016, could be a life changer for **YOU**. Want to get involved???? We encourage **ALL girls, in 9-12th grades, experienced or not, to come out and give it a try!**

Plan - We stay involved in rugby almost year round, but the primary 15/side rugby season is the spring and 7/side in the summer/fall. We realize that girls may be playing other sports, so the fall/winter sessions are **encouraged, not mandated**.

Winter:

We have started Thursday evening rugby-specific cross-fit training sessions 7-8pm at Heroes Crossfit, 5 Eastmans Rd. Parsippany. There is a \$50/month fee for these sessions. Immediately following the crossfit sessions we have team sessions from 8-9 also at Heroes Crossfit. These are included in your team fees, so they have no additional charge. These sessions will continue through the spring season.

Weather permitting: Sunday afternoons – outdoors - to be announced.

Spring Practice Schedule:

Outdoor practices:

February: Monday's 6-8pm on Feb. 22, 29 at Central Park of Morris County (aka Greystone) turf fields. All Sundays in February from 12-2pm @ Veteran's Field, weather permitting.

March: Monday's 6-8pm on March 7, 14, 21, 28 at Greystone and Wednesdays 6-7:30pm at Veteran's Field.

April thru June: Mondays 6-8 at Pocono Rd. field and Wednesdays 6-7:30 at Veterans.

Crossfit sessions continue on Thursdays through the season, followed by rugby film sessions.

Match Schedule (Dates are Sundays except tournaments & State Championship. Game times are intended to be afternoon games where possible):

February 27-28 – Frostbite tournament, Lancaster PA

March 13

March 20

March 27 – Easter, no games

April 3

April 10-

April 16 & 17 – NJ Girls Invitational Tournament, Denville

April 24 - league game or Maryland Exiles tournament

May 1

May 8

The Internal Revenue Service recognizes The Morris Rugby Corp. as an eligible nonprofit organization under Section 501(c)(3) of the U.S. Internal Revenue Code. Accordingly gifts, contributions and grants to The Morris Rugby Corp. may be tax deductible under U.S. federal or state law.



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May 15

May 20-23 - National Invitational Tournament (includes travel day).

May 28 – NJ State Rugby Championships Craven Point, Jersey City

June 5 – June 7 - HSRCs Philadelphia PA (this will be a NJ All star team)

Dues

\$300.00. Pay online at: <http://www.morrisrugby.org/shop/registration-high-school-youth-tackle-registration>

If paying by check, make checks payable to Morris Rugby and note “Girls U18” and player name in memo area. Mail to:
Morris Rugby

139 Changebridge Rd.

Montville, NJ 07045

Or give to Pam Laura at practice.

Includes:

- 12 indoor sessions at Heroes crossfit Parsippany Thursdays 8-9pm (following optional team crossfit sessions) starting in January
- turf training time at Greystone & Veteran’s fields
- Referee payments
- Post-match socials
- Medical trainers at all matches
- Tournament entry fees for Frostbite, NJ Invitational, and National Invitational
- Morris rugby dues of \$35

Does not include:

- USA Rugby membership dues of \$30 (most of you have paid this in the fall, but if not you will need to)
- Shorts (\$25) socks (\$10) – if needed
- Travel, hotel, & food for tournaments

Coaching Staff:

Head Coach: Tom Feury tomfeury@optonline.net 973-632-1863

Manager: Pam Laura plaura@verizon.net 973-801-6662

Backs coach: Gene Caulfield eugenecaulfield@optimum.net

Forwards Coach: Mike Stumpf mjstumpf@optonline.net 862-222-5978

Attack/defense Coach: Kevin Corley denvillekevin@yahoo.com 973-219-4212